



*Come Celebrate
"Living Well"*

P r e s e n t s

8th Annual **Boomer**
EXPO
Senior & Caregiver

Wednesday
August 25, 2010
10:00 am - 2:30 pm
Dennis A. Wicker Civic Center
1801 Nash St., Sanford, NC
Free Admission and Parking
See what's new for 2010!

- 100+ Vendors
- Educational Seminars
- Massages, Hair Cuts, Manicures
- 15+ Health Screenings
- Bingo
- Lunch
- Healthy Cooking with Carole
- Lee County Idol at 2:30 pm
- Hourly Prize Giveaways
- GRAND PRIZE \$200 & \$100

Platinum Sponsors



Gold Sponsors

Tarheel Diabetic & Medical Supply • Ammons Chiropractic • Boom! Magazine
Christian Healthcare Adult Daycare • Spring Arbor of Apex Assisted Living
Liberty Commons Nursing & Rehabilitation Center • Siler City Care & Rehab
PC Snyder Music • Thompson Chiropractic Center, PC • AARP of NC
Central Carolina Orthopaedic Associates • Carolina Eye Associates, PA
American Home Patient • Community Family Medicine
Four Oaks Bank • UNC Sanford Speciality Clinics

Brought to you by The Enrichment Center of Lee County, a NC Certified Senior Center of Excellence, 1615 S. Third St., Sanford, NC 27330, 919-776-0501.